# Wooranna Park's Woohderings

#### Wednesday 24 April 2024

#### Hi everyone,

I wanted to commence this fortnight's newsletter extending a big congratulations to the 47 Grade Five and Six students who attended camp last week. By all accounts, these students participated in all the camp activities so supportively and enthusiastically!

Our students were well supported thanks to the group of committed, energetic, enthusiastic and fun-loving adults coming along. I would like to sincerely thank on your behalf, **Allison Esmonde**, **Jane Spark, Kate ODonnell, Laurel Heisman, Leanne Vancuylenberg, Michelle Price, Rachael Rydqvist, Tracy Fisher and Victor Jeffry** for the high-quality of care and attention that they gave all the students who attended.

Some photos from this wonderful camp have been uploaded <u>into the gallery</u>, on our website.

#### **Parking Around Our School**

We are a very lucky community with both Carlton Road and Wondalga Avenue available for parking before and after school. Please ensure that your children enter and exit your car once you have parked in the **allocated areas**, so they can safely get in or out of the car on the pavement side.

It is important to note that the parking directly outside of the school is for **2 minutes only** between 8:15am and 9:15am on school mornings. Also, the staff car park is for <u>staff only</u>. Please ensure that you travel at the **40kmph speed limit** around our school.

It is important that we model to our children road safety by using the pedestrian crossing, always following the School Crossing Supervisors' directions. As a driver you must also STOP at the pedestrian crossings when someone is crossing the road. Please note, the pedestrian crossing on Apex Street is no longer supervised.

Doing all these actions as a collective community will provide such a strong role model to our children on making **safe, respectful and responsible** choices.





#### Being Safe, Respectful and Responsible

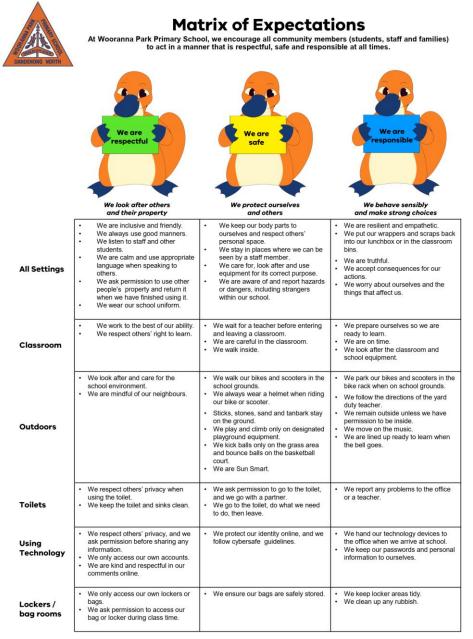
I would like to highlight to all community members our school's Matrix of Expectations, as communicated in the first newsletter of this year and in the little brochure that your child brought home at the beginning of the year and detailed below.

I would like to reiterate the role that we **all** play in creating a safe and happy school environment, where every child has the right to learn. To enact these rights, we have shared expectations of all members of our community.

As we do with our students, I am especially asking that you make an extra effort to enact the following behaviours when engaging in our school community, modelling to our children **safe, respectful and responsible** behaviours:

- We are calm and use appropriate language when speaking to others
- We help, look out for and support others
- We worry about ourselves and the things that affect us.

Let's help each other out! 💙 🤎 If your child happens to bring an item home that does not look like it belongs to them, can you please model to them that we take responsibility by returning it to the rightful owner.



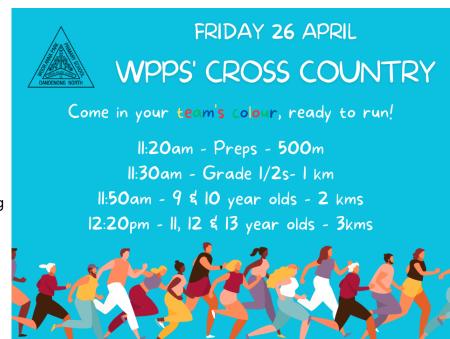
#### **Cross Country**

This Friday 26 April we will be hosting our WPPS Cross Country. Students are welcome to wear their running shoes and team colour on the day.

Events will be held at the following times and families are more than welcome to come along to cheer on their team.

For families stopping in to cheer their team on, please note the running times listed are estimates as the next run will begin at the completion of the previous event.

This event will take place on the bottom ovals at the Louis Twohig Reserve (across the road from Wooranna Park).



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#### URSTRONG

This year we have introduced URSTRONG into the Wooranna Park Primary School's curriculum.



URSTRONG's whole-school friendship strategy has improved the social climate in schools around the world, connecting over a million kids, parents/carers and teachers with a common language of friendship. We are proud to be a URSTRONG School and we are committed to empowering your children with friendship skills.

You are invited to take advantage of a <u>FREE Parent Membership</u> to access hundreds of resources – including an 8 session video series. This will allow you to learn the same language and strategies being taught in the classroom through the Friendology 101 curriculum.

We hope that as a URSTRONG Family, you will reinforce the important messages of empowerment, self-compassion and kindness at home.

As a next step, we would recommend:

- <u>Click here</u> to view an overview of URSTRONG.
- Activate your <u>FREE Parent Membership</u> and explore all the resources available to your family.
- Explore the hundreds of resources available to you!

We believe that empowering our students with these skills will create a culture of kindness at our school and we hope that together, we can support your children to have healthy feel-good friendships.

#### **Be You - Family Survey**

This year we are working alongside Be You to promote positive mental health and wellbeing with our students, staff and families. This term, senior school students and staff completed an anonymous survey to inform us on how we can continue to work together to support mental health and wellbeing within our school community.

We would like to invite families to complete a short survey on your experience as the family of your child/ren attending Wooranna Park Primary School. The survey is anonymous and will provide the final piece of information on how we can work together to build positive mental health and wellbeing at Wooranna Park Primary School.

Please click on the link below: https://beyou.syd1.qualtrics.com/jfe/form/SV\_8BrqyFHxHoJ4DXv?survey\_id=11266927521

#### Survey closes: Friday 26 April

#### Volunteers for our Bunnings BBQ

We are looking for volunteers to donate some of their time to help Wooranna Park run a barbeque at the Dandenong Bunnings. If you are free on **Saturday 15 June** to help us cook and serve, but more importantly have some fun socialising with our local community, please fill in the following form <u>https://forms.gle/aHgPsmtpLmumCAra6</u>.

The barbeque will run between 8am and 4pm. To start serving from 8am, we would need some assistance from 7am for preparation. For a successful day, we would love to have 4 volunteers on each 1-hour shift. You are more than welcome to volunteer for longer than a 1-hour shift.

FUNDRAISER BBQ PUNNINGS WORCHOUSE

take note

Please take note that **tomorrow, Thursday 25 April** is a public holiday to commemorate ANZAC Day so there is **no school**.

Kind regards, Amanda Ellaby Executive Principal

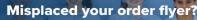
WOORANNA PARK PRIMARY SCHOOL

SchoolPix is coming to photograph on: Tuesday, 7 May 2024

# Sibling orders must be placed prior to 8am on Tuesday, 7 May 2024.

Early Bird orders with **FREE DELIVERY** to your school **CLOSE 5 WORKING DAYS** after your last photography session.

A postage fee will apply for orders placed after this date.



Please visit www.schoolpix.com.au and use the student search to find your child's unique ID or contact our Customer Care team on 1300 766 055.

ORDER at order.schoolpix.com.au



#### YOU'VE MADE THE WISE CHOICE.

1300 766 055 • www.schoolpix.com.au • help@schoolpix.com.au



## **WOORANNA PARK PRIMARY SCHOOL**

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#### Order at order.schoolpix.com.au

Misplaced your order flyer? Please visit www.schoolpix.com.au and use the student search to find your child's unique ID or contact our Customer Care team on 1300 766 055 or help@schoolpix.com.au.

#### **Dental Van Visit**

Today all our Prep to Grade Four grades have had an education session about the importance of a good and healthy diet, what drinks and foods to avoid and how to brush and look after their teeth. During this session, the educator discussed with the students what they will experience when they attend the school-based clinic.



The Semper Dental team will be treating students with your permission, from **Monday 6** May until Wednesday 8 May.

The treatment may include:

- •Further education whilst being treated;
- •Comprehensive oral examination;
- Fissure sealing where required;
- Scaling and polishing and
- •Fluoride application.

If you would like your child/ren treated, then please complete the form that was sent home or <u>download a copy online</u>. Forms need to be returned to the Office before <u>4pm on</u> <u>Friday 3 May</u>.

You will be provided with a written copy of the dentist's treatment plan for your child/ren at every stage of the treatment process.



# SHARING OUR 🕐 OF LEARNING

The Preps have started exploring narrative stories this term. They are looking at the five elements of a narrative story; characters, setting, beginning, middle and ending. We have read simple narrative stories such as The Gingerbread Man and The Little Red Hen. Students have also retold the stories using character masks.

In maths students have been investigating the days of the week. They have been ordering the days of the week and identifying weekdays and weekend days.



# CHAPPY NEWS

Your chaplains this year are Samantha Bond and Connie Tay.c We are here every Wednesday for groups, games and mentoring. School chaplains work closely with Wellbeing to support our community. We welcome volunteer Annie Stewart who is also studying Education Support but who may also step into Chaplaincy when her studies are completed. Annie will be assisting us with group programs.



#### ART CLUB -Every Wednesday second bell at lunch.

With thanks to Ms Laurel, we usually hold lunch art in Ms Laurel's Classroom-5/6A, which is next to Prep. We have started the term with an outside creative playtime though using the sandpit, trays and decorative items.

#### CHAPLAINCY PROGRAMS

At the moment we are running 2 groups. A small Grade 3/4 group are participating Drumming for Resilience and a small Grade 5/6 group are participating in Seasons for Growth. If your child is experiencing grief, please let us know.

The Chaplaincy program also has a mentoring/pastoral care role as well.

Chaplains are here for students, families and staff. Our role is to support the wellbeing program of the whole school in this community. You can contact Becki in Wellbeing or 'Chappy' <u>samantha.bond@education.vic.gov.au</u> for more information.



https://www.triplep-parenting.net.au/au/free-parenting-courses

#### Proven, positive tips that can help every family

You can support your child's development, grow closer and solve problems – positively. There are many <u>simple strategies</u> you can start using right now, to make every moment count!

- Boost their emotional wellbeing and maintain a good relationship now, and in the years to come.
- Make family life less stressful and more enjoyable even in tough times.
- Set good habits early and prevent problems from getting worse with practical strategies

you can start using straight away.

- Join more than a million Australian families who've been helped by the Triple P Positive Parenting Program!
- Backed by 35+ years of research studies here and around the world.

Best Regards, Chappy 😂

Samantha Bond School Chaplain/Wellbeing



# CHAPPY NEWS















Kids Helpline is a free Australian telephone and online counselling service for **young people aged between 5 and 25** 

PHONE 1800 55 1800 PLUS the website has a chat function, games and interesting information for any age including parents.



# Motheris Day Stall

Brought to you by our fundraising committee, this **Thursday 9 May**.

Gifts are available from \$1 to \$50.

Students will visit this stall with their class. Please pack a shopping bag

#### We need volunteers!

If you are free on Wednesday 8 May from 2pm till 3:30pm, we would love your help to set up the stall ready for sales on Thursday.

Otherwise, we would appreciate your help at the stall on Thursday 9 May, either from 9am till 1:30pm or in the afternoon from 2:20pm till 4pm.

While you are creating a special occasion for our students, you will also have some fun socialising with our community.

Sign up at: <a href="https://forms.gle/Q6ULpPBzNqq5pR6G6">https://forms.gle/Q6ULpPBzNqq5pR6G6</a>



Please drop off items at the WPPS front office by Tuesday 11 June, ready for the BBQ on Saturday 15 June



At our Bunnings BBQ we will also be selling cakes, slices and biscuits.

If you love to bake then we would love some treats to be able to sell, with all funds going towards Wooranna Park Primary School.



Please drop your delights off at the front office on Friday 14 June.

Please note items baked must not require refrigeration, contain raw egg or have fresh cream.

the ingredients used also need to be listed.

thank you!

# Can you lend us a hand?

# **FACEBOOK & WEBSITE**

A few posts have been put up on our website over the past week. Please make sure you visit the home page and scroll down to catch up.



#### https://www.woorannaparkps.vic.edu.au/

#### School Photos

SchoolPix is coming to photograph our smiling students on **Tuesday 7 May**. Make sure you get your order in online to get the early bird special.





#### **Dental Van Onsite**

Semper Dentist has a long standing history with Wooranna Park!

READ MORE



#### Cross Country

On **Friday 26 April** we will be hosting our WPPS Cross Country.

READ MORE



#### Mother's Day Stall

We have our very popular Mother's Day stall coming up on **Thursday 9 May**.

READ MORE



#### Mid Year Reports

Your child's mid year report will be uploaded on to XUNO on **Wednesday 26 June**. Visit this link:

https://woorannaparkps.xuno.co m.au/index.php







#### Volunteers, donations and cakes for our Bunnings BBQ

We are looking for volunteers to donate some of their time to help Wooranna Park run a barbeque at the Dandenong Bunnings

#### READ MORE

Wooranna Park Primary School Published by Amanda Ellaby © - 23 h - ©

Here are some things you could ask your child/ren after their first week back at school ... but choose the right time to ask!  $\heartsuit{\diamondsuit}$ 

#### 5 things to ask your kids instead of "How was school"?

1. What made you smile today?

2. Who did you sit with at lunch?

3. If you could change one thing about today what would that be?

4. What was the hardest rule to follow today?

5. Tell me something you know today that you didn't know yesterday.

# **GRADES OF THE WEEK**



Each week our classes earn points during their Specialists' class by:

- using good manners (respect).
- keeping our body parts to ourselves and respecting others personal space (safe).
- worrying about ourselves and the things that affect us (responsible).

The class with the most points hosts Puggles for the week...and if a class wins Puggles three times then they will get a pizza party!

Congratulations to 1/2C and 3/4A for being our grades of the week, last week!







# Mental Health in Primary Schools program

The Victorian Government is committed to supporting the mental health and wellbeing of all Victorians. This is why we have invested \$200 million to expand the Mental Health in Primary Schools program to all government and low-fee non-government primary schools by 2026.

#### What is the Mental Health in Primary Schools program?

The Victorian Government is providing \$200 million over four years and \$93.7 million ongoing to expand the Mental Health in Primary Schools program to every government and low-fee non-government primary school in Victoria.

Participating schools receive funding to employ a Mental Health and Wellbeing Leader to implement a whole-school approach to mental health and wellbeing.

The program is based on a successful pilot created in partnership between the Department of Education, Murdoch Children's Research Institute and University of Melbourne.

#### What is the role of the Mental Health and Wellbeing Leader?

The Mental Health and Wellbeing Leader is typically a qualified teacher who will use their knowledge of the in-classroom experience of teachers to complement the school's existing wellbeing team.

The role builds the capacity of school staff to:

- identify mental health concerns in the classroom
- improve referral pathways for students requiring further assessment
- implement effective mental health strategies in-classroom.

#### What do schools receive?

All government and low-fee non-government schools will receive funding for a Mental Health and Wellbeing Leader.

All Mental Health and Wellbeing Leaders will receive comprehensive training and ongoing support.









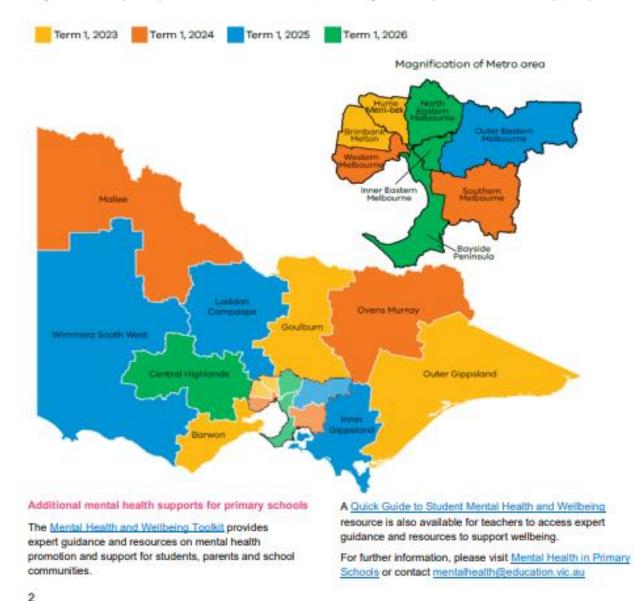
Department of Education

#### When will schools receive funding for the program?

The expanded Mental Health in Primary Schools program is being implemented according to the following schedule:

- Term 1, 2023: Schools in Barwon, Brimbank, Melton, Hume Merri-bek, Goulburn, Outer Gippsland
- Term 1, 2024: Schools in Western Melbourne, Mallee, Ovens Murray, Southern Melbourne
- Term 1, 2025: Schools in Wimmera South West, Loddon Campaspe, Outer Eastern Melbourne, Inner Gippsland
- Term 1, 2026: Schools in Central Highlands, North Eastern Melbourne, Inner Eastern Melbourne, Bayside Peninsula.

Any school that participated in the Mental Health in Primary Schools pilot will continue to participate.



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## Getting to school and staying at school

INFORMATION FOR PARENTS AND CARERS

This handout has been created to share information and some strategies that you can use in assisting your child or adolescent who is refusing to attend school. School refusal is a complex issue, and many parents aren't sure what to do and it can become a source of enormous stress for the whole family. Talking with your child's teacher is the best place to start, so that you can work together on understanding the issues involved and coming up with a plan for getting your child back to school as soon as possible. If you are feeling uncertain and overwhelmed by the challenges, it could be beneficial for you to seek some support for yourself. You might find it helpful to also seek support through your family doctor, the school counsellor at your child's school, family friend, community based support worker, a religious or spiritual leader.

#### What is school refusal?

Many children and adolescents will express reluctance to go to school at some point. However, there are a number of children and adolescents who find going to school so difficult that they refuse to go. The term 'school refusal' is often used when the poor attendance is related to some anxiety or worry that the child or adolescent has about going to school. Parents or carers are usually aware that their child is not going, and have been making efforts to alleviate the anxiety and to encourage the young person to attend school (Kearney & Albano, 2004). The student's themselves are often upset about what they are missing. This is different from truancy, which is a term more often used for students who generally hide their absences from their parents or carers, may be involved in antisocial activities, and are less likely to show emotional distress about attending or missing school (Wimmer, 2004).

School refusal can occur at all ages but has been found to occur more frequently during major changes in children's lives such as beginning kindergarten or the transition from primary to high school. Children and adolescents who are having problems with attending school may show more signs of school refusal following holidays, school camps, sports days and weekends, but in general could refuse to go to school any day of the week. There is no single cause for school refusal, and reasons will differ from child to child. Some children and adolescents are more sensitive and particularly vulnerable to emotional distress. School refusal can also be a sign of a developing mental health problem, such as anxiety or depression.

School issues such as bullying, academic difficulties, a change in schools, or problems with teachers and peers

are common reasons that may contribute to school refusal. Other triggers for school refusal might be related to events at home. Examples of potentially stressful events that have been associated with school refusal include moving house, the death of a loved one, undertaking caring roles for unwell family members, parental separation, and exposure to family violence (Wimmer, 2004).

#### What are the signs of school refusal?

If your child has missed school 2-3 times over a two- week period, especially if related to some of the behaviours described below, your child may be developing a pattern of school refusal:

- Tearfulness before school or repeated pleas to stay at home resulting in frequent lateness or absences
- Tantrums, clinginess, dawdling or running away before school or during drop off
- Frequent complaints of illness before or during school such as stomach aches, headaches, dizziness or fatigue
- Difficulty attending school after weekends, holidays, school camps or sports days
- Long periods spent in sick bay or in principal's office.

# What are the consequences of school refusal?

School refusal is a serious issue and needs to be managed early, as long absences mean that children miss out on important parts of the curriculum. Children and adolescents who school refuse can very quickly become entrenched in a long-term pattern of school refusal, which can have major long-term impacts for them and their family. Missing one day of school each week





adds up to 2 months' worth of learning missed over a year, and it has been shown that every day absent in high school has an impact on numeracy skills (Queensland Department of Education, Training and Employment, 2013).

Missing out on education is detrimental to lifelong learning and development in many ways. A week is a long time in the playground, so frequent absences might jeopardise children's social relationships. School refusal can also create conflict and strained relationships within families as a result of disruptions to routines, and might even affect income as parents or carers forgo work to stay home with the child. Some research has shown that school refusal has been associated with a higher chance of having problems later in life with mental health and social relationships, in addition to affecting the ability to get employment (Queensland Department of Education, Training and Employment, 2013; Silove et al., 2002; Flakierska-Praquin et al., 1997).

#### How can you help at home?

As challenging as the situation may be, it is important to try and remain calm and not make too big a deal of the school refusal as this could inadvertently prolong the school refusal behaviour. Keep up with extra-curricular and family activities to support resilience and give your child the experience of enjoyment and success. Some of the following tips may be useful (Bernstein, 2014):

 It is important to listen to your child's concerns and fears of going to school. Some of the reasons for refusing to attend school may include a peer who is bullying them, problems on the bus or carpool ride to school, or fears of inability to keep up with the other students in the classroom. These issues can be addressed if they are known.

- If your child is complaining of illness, it is recommended that you visit your family doctor to have this checked out.
- School refusal can be a sign of developing mental health problems like anxiety and depression. If your child or adolescent tells you they are having problems like this, or if you have noticed they have had other changes in mood or behaviour, it would be good to discuss these with the school counsellor or your child's family doctor. They can help advise whether these kinds of problems could be playing a role and, if so, what to do next.
- Being firm and kind in getting your child to school regularly and on time will help, including not prolonging the goodbyes.
- Reassure your child that you will be at home upon their return from school. Keep your message consistent.
- Let your child know that you will be doing "boring stuff" at home during the school day, or going to work, so they don't think they are missing out on something.
- If your child simply refuses to go to school, some parents have found that decreasing the reward for staying home helps e.g. if they stay at home, do not allow video games, television, toys, snacking, parental attention.
- Find out what subjects/work is being done at school and provide similar education at home, when possible. This is especially relevant if your child's reported "sickness" seems to disappear once they are allowed to stay at home.
- Praise your child's positive behaviours while ignoring the negative behaviour.
- Seek professional help for yourself and your child.

#### **Everybody has a responsibility to help children** Families, carers, the student, the school and the community

School refusal could be thought of as a symptom, like when a child develops a fever. Investigating to find out the cause early on and then taking appropriate steps is the best way to keep the situation from developing into something more serious.

#### Missing school matters and every day counts





#### What to do at school?

- Talk to your child's class teacher or year advisor as soon as practical. It is important that parents and school staff share an understanding of the issue and are in agreement with how to develop strategies to address the school refusal behaviour. Don't be afraid to work with the school staff on this issue, as they will also be eager to work with you to help get your child back to class.
- Prolonged goodbyes in the playground may become difficult, so plan an exit strategy with the school staff, and stick to it, despite the upset that might ensue.
- Be on time to pick up your child from school if you provide transportation.

Despite the difficulties that school refusal brings to your family, it is important to have confidence that these behaviours can be resolved with appropriate support and time. This will help model to your child that they too can have confidence they will overcome this difficulty (Flakierska-Praquin et al., 1997).

Parents and carers can find it difficult to respond to their child's school refusal. You might find yourself becoming impatient and frustrated. It is also common that, when faced with parenting challenges, parents/carers find themselves disagreeing about how best to respond to their child's behaviour. Remember it will take patience and time, be open to getting support, and know that occasionally you might have to change your approach to find what will work for your child or adolescent.

#### Who can you approach for help?

#### At school

Seeking support from the staff at your child's school can be helpful as there are ways that they can help you turn this behaviour around. Schools and parents can work collaboratively to help the students to develop better coping skills, relax, and improve social skills. School personnel that can assist you include the class teacher, year advisor, welfare staff, home school liaison officers, Principal, Assistant Principal and the school counsellor. If you feel that you have not succeeded in getting the support you require, don't give up. Try approaching someone else at the school.

#### In the community

There are a variety of resources available in the community. Some of these may be able to help with different aspects of what might be contributing to your child's difficulty attending school, or with more general stresses on the family. A few are listed below, and many more can be found on the websites listed under "Useful links and resources".

If you, your child's school counsellor, or their family doctor thinks your child or adolescent may benefit from specialist community mental health services, you can find out more information about the mental health services in your local area by calling the NSW Mental Health Line: 1800 011 511.

Information specific to Aboriginal or Torres Strait Islander services can be found by visiting the following www.cesphn.org.au/programs/aboriginal-health

If you are new to Australia and would like some additional support around family life in a new country, you may wish to contact the organisations listed below. They will also have access to interpreter services and translated materials.

- Ethnic Communities' Council of NSW <u>www.eccnsw.org.au/Home.aspx</u> Phone (02) 9319 0288
- Transcultural Mental Health Centre NSW www.dhi.health.nsw.gov.au/tmhc/
   Phone 1800 648 911 (free call) or (02) 9912 3851
- Asylum Seekers Centre
   <u>www.asylumseekerscentre.org.au</u>
   Phone (02) 9078 1900

#### Useful links and resources

beyondblue
 www.beyondblue.org.au

The organisation provides a website with a large number of resources and links for answering questions and finding treatments for people with depression, anxiety disorders and related mental disorders. The website includes pages of content for parents/carers and for young people.

Black Dog Institute
 www.blackdoginstitute.org.au

The Black Dog Institute website has information on diagnosis, treatments and prevention of mood disorders such as depression and bipolar disorder.

Children of Parents with Mental Illness (COPMI)
 <u>www.copmi.net.au</u>

This national initiative promotes better outcomes for children and families where a parent experiences mental illness, by providing information and support to children and young people who have parents with mental illness, and their families and friends. The website has information on what to do when irregular school attendance is related to the child or young person's caring role for a parent or family member with a mental illness.



## Family Referral Service www.familyreferralservice.com.au

The Family Referral Service (FRS) brings together families, support services and community resources to support families. Referrals can be made by young people, parents, or extended family members and helps with appropriate referral to a variety of public and private services dealing with a broad variety of issues, including family violence, housing, financial assistance, counselling and mediation, parenting, mental health, and finding culturally appropriate support.

## headspace www.headspace.org.au

headspace is the National Youth Mental Health Foundation for young people aged 12-25 years. The foundation hosts an online support website: eheadspace.org.au and have over 70 headspace centres around Australia. headspace provides support in four main areas: physical health, mental health, education, employment and other services and alcohol and other drug services.

## Kids Help Line www.kidshelp.com.au | 1800 55 1800

Kids Helpline is a free, 24 hour, private, confidential, telephone and online counselling service specifically for young people aged between 5-25 years.

Mental Health Line | 1800 011 511

The Mental Health Line is a 24-hour telephone service operating seven days a week across NSW. The Mental Health Line is the centralised referral to NSW Health public mental health services.

Parent Line NSW
 <u>www.parentline.org.au</u> | 1300 1300 52

Parent Line is a telephone counselling, information and referral service for parents of children aged 0-18 years who live in New South Wales. The service includes the Early Childhood Intervention Information Line, which provides information for parents who are concerned about their child's development, or who have a child who has been diagnosed with a disability. The aim of Parent Line is to nurture and support positive, caring relationships between parents, children, teenagers and significant other people who are important to the wellbeing of families.

 Raising Children Network raisingchildren.net.au

A website formed through a partnership with the Australian Government and a network of leading early childhood agencies to provide parents with reliable information and resources to support them in the day-today work of raising children and looking after their own needs. The website is growing all the time and covers a range of parenting topics.

 Reach Out! reachout.com

ReachOut.com is a large, nationwide online youth mental health service. It is available 24 hours a day, 365 days a year, to provide practical information, tools and support to young people from everyday troubles to really tough times.

The Brave Program
 braveonline.psy.uq.edu.au

The BRAVE Program is an interactive, online intervention for the prevention and treatment of childhood and adolescent anxiety. The programs are free, and provide ways for children and teenagers to better cope with their worries. There are separate programs for children, teens, and parents.

Young Carers NSW
 www.youngcarersnsw.org.au | 1800 242 636

The Carers NSW Young Carer Program was developed to make a positive difference to the lives of young carers and their families. Young carers are children and young people, 25 years or under, who help to support a family member or friend who has a disability, mental illness, drug or alcohol dependency, chronic condition, terminal illness or who is frail. This is a free service that can support any young carer.

#### References

Bernstein, B.E. (2014). School Refusal. Accessed 26 March 2015:<u>http://www.emedicinehealth.com/school\_refusal</u> /article\_em.htm

Flakierska-Praquin, N., Lindström, M., & Gillberg, C. (1997). School phobia with separation anxiety disorder: A comparative 20 to 29-year follow-up study of 35 school refusers. *Comprehensive Psychiatry*, 38(1), 17-22.

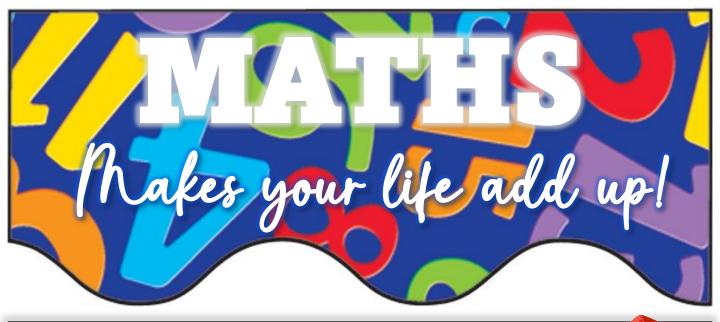
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# **Maths Game of the Week**

# Dice games to play at home: Highest Number

This a 2 player or more game. The aim of this game is to make the highest number in each round. This game is linked to reading numbers and place value. Your child will need one die but they will need to roll it the number of times required to make the size of the number they are working on - for example - if they are working on 3-digit numbers, they will roll the dice 3 times. They should then use all the numbers they have rolled and arrange them to make the biggest number. You can vary this game to make the lowest number possible too if you like.

Sourced from <u>5 Games to play at home to develop maths skills using dice</u> (myprimaryandsecondarytutor.com)

# **Tip of the Term**

#### positive attitude about math

Share your enthusiasm for math with your child. Discuss it in a positive manner and think out loud when using math skills. Let your child know that there are multiple ways to solve problems. Your attitude can significantly influence their perception of math.

# **Apps for iPads**

Khan Kids

4.8± 5M+ Q G 55.2K reviews Downloads Teacher Approved General O

< Share 🗎 Add to w



Khan Kids: An app that offers fun and engaging activities for kids aged 2 to 7 to learn math, reading, and more.

Khan Academy Kids: Learning!



Free Math and English Learning Game for Kids (prodigygame.com)

# **UNIFORM REMINDERS**

The wearing of school uniform is compulsory at Wooranna Park Primary School. For our full uniform, please see the school website. All our uniform pieces can be purchased at **PSW, Unit 1, 9-11 South Link, Dandenong South, 3157** 



Orange Short Sleeve Polo Shirts

Navy Blue Windcheater



Navy Blue Bomber Jacket



Summer Dress



Navy Blue tracksuit pants/full length leggings No Jeans



Navy Blue Rugby or Gaberdine Shorts/Skort



Navy Blue Hat



Orange Long Sleeve Polo Shirt



Socks – White, Black, Navy





Sport Shoes or Black Shoes



Gloves and Scarves (White, Black, Navy)

#### The following items are not permitted as a part of our uniform:





Nail Polish

Make-Up



Please clearly label all clothing items including shoes.

# **Dress Code Policy**

Responsibility:	Assistant Principal
Endorsed by Council:	February, 2023
Due for Review:	February, 2026





#### Help for non-English speakers

If you need help to understand the information in this policy, please contact Wooranna Park Primary School via phone (03) 9795 2007 or email wooranna.park.ps@education.vic.gov.au.

Rationale	The purpose of the Student Dress Code Policy is to outline Wooranna Park Primary School's requirements for student dress and appearance and to provide information about uniform purchase and support, dress code implementation and exemption processes.					
	This dress code has been developed by Wooranna Park Primary School's School Council in close consultation with our school community to ensure that it respects the rights of individual students whilst reflecting the values and interests of our community.					
	<ul> <li>The Student Dress Code aims to:</li> <li>foster a sense of community and belonging and encourages students to develop pride in their appearance</li> </ul>					
	<ul> <li>support Wooranna Park's commitment to ensuring that our students feel equal and are dressed safely and appropriately for school activities</li> <li>reduce student competition based on clothing</li> </ul>					
	<ul> <li>enhance the profile and identity of the school and its students within the wider community.</li> </ul>					
	The School Council has developed a dress code that we believe provides a range of choices for students and is cost effective for families.					
Scope	Students are expected to comply with this Student Dress Code Policy while traveling to and from school, during school hours and when attending school activities.					
Guidelines	The full list of Wooranna Park Primary School's compulsory school uniform items is available at Appendix A to this policy and on our website.					
	<b>General Appearance</b> While at school, travelling to or from school or participating in school activities, Wooranna Park students must comply with the following:					
	<ul> <li>Uniforms must be clean and in good repair</li> <li>Uniforms must be clearly marked with the owner's name</li> </ul>					
	<ul> <li>Additional layers of clothing may be worn underneath the uniform for added warmth, provided these undergarments are completely hidden or navy blue.</li> </ul>					
	<b>Jewellery and cosmetics</b> Students are not permitted to wear decorative jewellery to school. No more than two stud earrings or small sleepers worn in the ears, and wristwatches (no smart watches), are the only acceptable jewellery.					
	Cosmetics may not be worn at school. Only clear nail polish is permitted.					

	Wooranna Park has the following measures in place for all outdoor activities during the daily sun protection times to help reduce the risk of over-exposure to UV radiation for staff and students. <b>Hair and Sun safety</b>
	Shoulder length or longer hair is to be tied back to help restrict the spread of nits and lice and for student safety.
	Navy, sun smart, school uniform hats must be worn outside throughout Term One and Four and on any other day prescribed by the school. Navy, sun smart school uniform hats may also be worn outside of this time period, by parent or student choice. Hats are not to be worn inside.
	Students are permitted to wear sunglasses during outdoor activities. Sunglasses should be close-fitting, wrap-around style that meet the Australian Standards 1067 and cover as much of the eye area as possible.
	<b>Purchase of uniforms</b> Logoed items need to be purchased from PSW Clothing. Other items such as pants and shorts can be purchased elsewhere.
	Families can contact the leadership team to discuss supports that may be available to them if they are having trouble meeting uniform costs, including information about eligibility for uniform support through State Schools' Relief fund.
	Wooranna Park Primary School also has second hand uniforms available to families on request.
Implementation	Wooranna Park will ensure that this Student Dress Code Policy is communicated to all families and students through our website and newsletter. We will assist students who may be experiencing difficulties complying with this policy where possible.
	Students wearing non-compliant uniform items may be asked to change into a compliant item of clothing provided by the school.
	If a student is out of school uniform or otherwise breaches the Student Dress Code on a recurring basis, a note will be provided to the student and parents by the classroom teacher. If non-compliance with the dress code becomes a continued occurrence, the principal will be informed and a phone call home may be required. In this event, the school will continue to work with the student and family to support compliance.
	Measures taken by Wooranna Park to address concerns about student non-compliance with the Student Dress Code will also be addressed in accordance with our <i>Student Wellbeing and Engagement Policy</i> .
	<b>Exemptions</b> We recognise that there may be situations where the application of this dress code may affect students unequally.
	Students and their parents or carers may apply either in writing or in person to the principal for an exemption to this Student Dress Code Policy if:
	<ul> <li>an aspect of this code prevents the student from complying with a requirement of their religious, ethnic or cultural beliefs or background</li> <li>the student has a particular disability or health condition that requires a departure from the dress code</li> </ul>

	• the student or their parents/carers can demonstrate economic hardship that prevents them from complying with the dress code.
	When the Principal receives a request for an exemption, they will:
	consider the grounds for the exemption request
	<ul> <li>explain the process to the student and/or their parents/carers</li> </ul>
	<ul> <li>encourage the student and/or their parents/carers to support their application with evidence.</li> </ul>
	The principal or delegate will then try to negotiate a resolution that is acceptable to all parties. If an exemption is not allowed, then written reasons will be provided to the student and/or their parents or carers.
	Wooranna Park welcomes feedback from the school community in relation to this Student Dress Code. If you have a concern or complaint about the Student Dress Code, further information about raising a concern or complaint is available in our school's <i>Parent Complaint Policy</i> .
Further	Department's Policy and Advisory Library:
Information and	Student Dress Code policy
Resources	Student Engagement policies and guidelines
	<ul><li>This policy should be read in conjunction with the following school policies:</li><li>Sun Projection Policy</li></ul>
	Parent Complaints Policy
	Student Wellbeing and Engagement Policy
	State Schools' Relief

#### Wooranna Park Primary School Compulsory Uniform Items



Uniform supplied by Primary School Wear (PSW)

SHOES	Black school shoes/boots (flat heel only) Black or white sport shoes
SOCKS	Plain white, black or navy socks. Plain black or navy tights
JUMPERS	Round neck windcheater, navy blue with logo Bomber jacket, navy blue with logo
TOPS	Short sleeve polo shirt, orange with logo Long sleeve polo shirt, orange with logo Long sleeve plain navy skivvy (no logo to be worn under jumper only)
DRESS	As supplied by PSW
SKORTS	Navy blue with no logos or stripes
SHORTS	Plain navy blue with no logos or stripes No footy shorts, jeans or bike shorts
PANTS	Navy blue track pant or full-length leggings No logos or stripes. No jeans
HATS	Wearing of school hats is compulsory for children throughout Terms One and Four for all outdoor activity. Navy blue, sun smart hat with logo.
HAIR	Shoulder length or longer hair is to be tied back to help restrict the spread of nits and lice and for student safety. Navy blue or black head bands or hair ties and plain hair clips may be worn.
JEWELLERY	A wristwatch and no more than two studs or small sleepers in each or either earlobe may be worn. Makeup and coloured nails are not permitted. Necklaces are not permitted unless they are religious in nature.
	No smartwatches.
HEADWEAR	Black, navy blue or white

# **FUTURE ENROLMENTS**

If you have a child who will be starting Prep in 2025, please visit or call the Office to organise an interview with one of our leadership members.

This process helps us to get to know your little one in support of their transition to school.

If you know of a family who is wanting to join the Wooranna Park community in 2025, please encourage them to call the Office to organise a school tour.

Details about the 2025 Prep enrolment process can be found on our website at <a href="https://www.woorannaparkps.vic.edu.au/page/12/Enrolment">https://www.woorannaparkps.vic.edu.au/page/12/Enrolment</a>

Prep enrolments for 2025!



# Wooranna Park Primary School Carlton Road, Dandenong North

Meet our Principal at an information evening on **Tuesday 28 May** or **Wednesday 19 June** from 5pm till 6pm.

Call for a school tour **9795 2007** 

https://www.woorannaparkps.vic.edu.au/

# **IMPORTANT DETAILS**

## **CURRICULUM DAYS**

The following days have been endorsed by School Council: 

• Friday 17 May
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		•	

Wednesday 7 August Monday 28 October

Students do not attend on these days.

The last day of Term Two is Friday 28 June. School finishes at 2:30pm.

## COMMUNICATION

Wooranna Park Primary School recognises the importance of the partnership between schools and families to support student learning, engagement and wellbeing.

Your child's teacher will offer you a range of opportunities to communicate with them including:

✓ XUNO



- ✓ School diary ✓ Formal meetings
- ✓ Before/After school chats

If you do not have access to XUNO please contact our school Office and find out how you can obtain it as XUNO will be used several

times each week so we want everyone to have access.



FACEBOOK

Please like our Facebook page. This page will be used by the school to inform families and the public of events and updates at the school. Feedback and discussion with parents/carers are welcome, but the school will not use Facebook for this purpose.

Please contact the school directly if you wish to discuss matters, as per our communication process. Only this Facebook page is endorsed

by the Principal. Any other Facebook pages are not officially authorised representatives of the school.



## **CONTACT DETAILS**

It is very important the school has your most current emergency contact telephone details, home and e-mail address.

If you change telephone details or home and e-mail address at any point, we ask that you update the school with your accurate contact details as soon as possible.

> بسيار مهم است شماره تماس اضطراري و آدرس دقيق خانه شما راما در مکتب داشته باشیم



اگر شما شمارہ تلیفون یا آدرس خود را تغیر ميدهيد لطفن هر چه زودتر مكتب را اطالع دهيد

## **STUDENT SUPERVISION**

Please note that our school grounds are supervised by school staff at the following times:

- Before school from 8:30am to 9am
- Throughout recess and lunch
- After school from 3:30pm to 3:40pm.

Our gates are locked each afternoon at 3:45pm. Students in the school grounds after this time will be cared for at VillageOHSC at the family's expense.

The school grounds are not supervised outside of the above times.

It is important that families understand that the park, opposite the school, is not supervised by staff before or after school.

While some families use this area as a meeting place, please know children must be supervised by an adult, as per the Greater Dandenona Council's direction.



## **BREAKFAST CLUB**



Breakfast is available for all students from 8:15am.

# **MORE IMPORTANT DETAILS**

### **OUT OF HOURS SCHOOL CARE**

Village OSHC provides Outside School Hours Care at Wooranna Park Primary School



It takes a village to raise a child and we are yours! Village OSHC partners with schools Australia-wide to keep children safe and happy outside school hours as parents work or study. In our care, children make new friends, build on old friendships, get exercise, eat healthy food, embrace their imagination and have loads of fun in a safe and respectful environment.

Our after-school care program is run by Village OSHC. They operate **After School Care from 3.30pm to 6pm, Monday to Thursday.** 

All families are strongly encouraged to register their child/ren for VillageOSHC as it is free to enrol and while you are under no obligation to use the service it does provide support for you in the event of an emergency. Plus, our students love attending this service! For information about this program, please contact the service directly at https://villageoshc.com.au/

### **MOBILE DEVICES**

In line with the Department of Education's <u>Mobile Phone policy</u>, all phones brought to school must be switched off and stored securely in the front Office, during the school day.

A **mobile phone** is a telephone with access to a cellular (telecommunication) system, with or without a physical connection to a network. For the purpose of this policy, "mobile phone" refers to **mobile phones and any device** that may connect to or have a similar functionality to a mobile phone such as a smartwatch.

When a student is not complying with this mobile phone policy, we will be required to follow a process in accordance with our existing student engagement polices.

## LUNCH ORDERS

Subway lunch orders are available each Friday. There is a pre-ordering system and orders much be placed via XUNO **by 4pm each Tuesday** for the Friday's lunch.



Late orders cannot be accepted.

Subway \$6

View

## SAFETY

# All bike and scooter riders are required to wear a bike helmet in Victoria.

Approved helmets have the Australian Standards Mark TM (AS/NZS 2063) and will be marked as suitable for cycling.

Children under the age of 12 may ride on footpaths, as can a supervising adult. They are required to give way to pedestrians and to wheel their bicycles over pedestrian and children's crossings.

Also, by law everyone must wear a seat belt when travelling in a car in Australia

#### SUNSMART

For Term One and Four, we wear our named, broad brimmed, navy blue hat at all times when outside.







FACE-TO-FACE SESSION FOR PARENTS

. . . . . . . . . . . . . . . . . .

THE CYBER SAFETY PROJECT IN PARTNERSHIP WITH SSBI

#### Cyber Safety G Wellbeing Parent Information Session

#### TUESDAY 30<sup>th</sup> APRIL 2024, 7:00PM – 8:30PM LOCATION: Dandenong High School (92-106 Princes Hwy Dandenong VIC 3175)

#### Learn, connect and play safe online

Children today loVe to play, connect and learn online. This session aims at proViding parents and guardians with insights and important information about popular online eXperiences children are eXposed to today. Building a positiVe and healthy family enVironment where digital use is encouraged, but managed effectiVely, can be a tough balance.

Throughout this session the Cyber Safety Project Team highlight important settings and parental controls that allow your child to naVigate online tools independently and safely. You will uncoVer proactiVe tools and strategies for deVeloping fundamental digital safety and wellbeing skills in your young people at home, including ways to seek help when things go wrong online.



# PRICES REDUCED

# HATAND RECYCLED BAG PROMOTION 2024 TERM 2 OFFER







DISCOUNT ONLY APPLIES TO ORDERS PLACED BETWEEN APRIL 15<sup>TH</sup> TO JUNE 28<sup>TH</sup> 2024 ORDER FULFILMENT IS 12 WEEKS FROM ORDER PLACEMENT

# LEGIONNAIRE **HAT**

# P100507 ALMOQ 50 \$7.50 (LOGO PRINT) 1 100507 MOQ 50 \$9.50 (LOGO EMBROIDERY)

Polyester cotton legionnaire hat is a must in sun protection and especially practical for younger children. It covers the neck and ears from the sun with an elasticised ponytail hole.

- Polyester/cotton drill fabric
- Back flap protects neck and ears
- Front peak protects the face and eyes
- UPF50+ rated, meets SunSmart regulations
  Ponytail hole with velcro closure for a comfortable fit
- A favourite for Preps as it offers the best sun protection and is easy to put on/take off

### SAFETY SLOUCH<sup>TM</sup> HAT SIZES: S, M, L, XL 1100514 | MOQ 50 | \$11.50 (LOGO PRINT) 1100514 | MOQ 50 | \$13.50 (LOGO EMBROIDERY)

Exclusive to Uniform Group, the Safety Slouch<sup>TM</sup> was the first hat available to contain a quick release safety clip on the draw cord to reduce accidents in the playground and avoid unintentional injuries.

- Polyester/cotton drill fabric
- Under chin toggle adjusts for a secure fit
- Stiff brim that won't soften and lose shape
- UPF50+ rated, meets SunSmart regulations
- Clip releases when under duress to prevent neck injury
- Wide brim ensures maximum sun protection for the ears, face and neck

#### BUCKET HAT SIZES: S, M, L, XL 1100525 | MQ 50 | \$9.00 (LOGO PRINT)

100525 | MOQ 50 | \$11.00 (LOGO EMBROIDERY)

The classic Bucket Hat has been a staple in schools for many years. It provides optimum protection and is easy to care for. Ask us about contrast colour piping or adjustable toggles.

- Easy to machine wash
- Polyester/cotton drill fabric
- Ventilation holes help the head breathe
- 7cm brim UPF50+ rated, meets SunSmart regulations

· A favourite with primary students as it's comfortable and practical

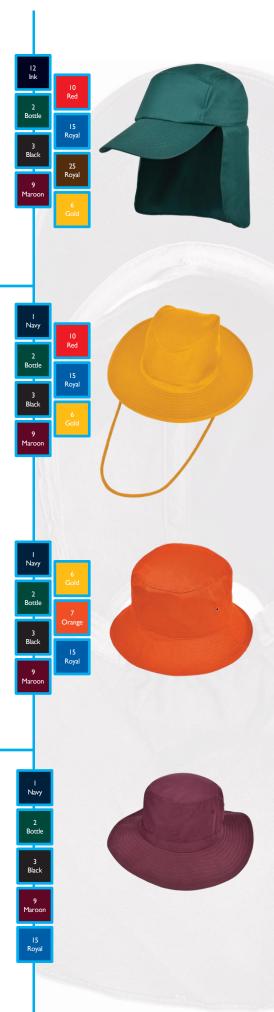
# MICROFIBRE SLOUCH HAT SIZES: S-M, L-XL

 I 100797 |
 MOQ 50 |
 \$12.50 (LOGO PRINT)

 I 100797 |
 MOQ 50 |
 \$14.50 (LOGO EMBROIDERY)

Soft Microfibre Slouch hat with full 7.5cm brim for sun protection. Scrunches up small and bounces back to shape. Includes adjustable crown cord and ventilation holes to disperse heat.

- Easy to machine wash
- Adjustable toggle for a secure fit
- Ventilation holes help the head breathe
- 7.5cm brim floppy brim for a softer hat
- Scrunches up into a school bag and bounces back to shape
- UPF50+ rated polyester microfibre fabric feels light yet offers great protection and meets SunSmart regulations





Our new range of school bags made from recycled materials have been specially developed by our experienced staff with an emphasis on comfort, safety and durability.

- 20 litre capacity
- Lightweight
- Back panel with spine protection
- Foot stoppers
- Reflective panels
   Padded straps
- Ergonomic zip pullers



• SPRINT BACKPACK

- 8361105 | MOQ 50
- 50-99 **\$49.00** | 100+ **\$45.00**
- Includes logo print or embroidery

• Streamlined lightweight backpack with reflective piping for visibility. Strong, practical and ergonomic features with extra strong zippers, buckles, reinforced lining and stitching.



• Padded back and straps

# Kenecular Priping and panels CAMPUS SENIOR BACKPACK 8363150 | MOQ 50 50-99 \$63.00 | 100+ \$59.00

Includes logo print or embroidery

Our new range of school bags made from recycled materials have been specially developed by our experienced staff with an emphasis on comfort, safety and durability.

- 30 litre capacity
- Lightweight
- Back panel with spine protection
- Foot stoppers
- Reflective panels
- Padded straps
- Ergonomic zip pullers





DURABLE LIGHTWEIGHT BAG

DURABLE

LIGHTWEIGHT BAG

# COLLEGE SENIOR BACKPACK 50-99 \$56.00 | 100+ \$51.00

Includes logo print or embroidery

The popular College Senior School Bag has strong, practical and ergonomic features with extra strong zippers, buckles, reinforced lining and stitching.

- 40 litre capacity
- Padded back and straps
- Reflective panels
- 3 compartments

3 55 Black Charco

## SCHOLAR BAG 8360396 | MCQ 100 | \$9.00

Includes logo print or embroidery

The Scholar Bag is a must have accessory for students. Perfect for protecting school books, homework and notices to parents.

- Water resistant
- Name tag included
- Measures 38 x 28 cm
- Reflective strip for high visibility
- Reinforced corners for extra durability
- Velcro closure makes opening and closing easy
- Tough polyester fabric with PVC coating for a durable, easy care bag



## SLNG BAG 8360650 | MOQ 100 | \$18.00

Includes logo print or embroidery

The sling bag is made from heavy duty recycled nylon. It is a convenient size and waterproof so it's perfect for excursions and sports days. The drawstring pulls out to carry straps so that the bag can be carried over the shoulder as a backpack.

- Made from robust Oxford Weave Recycled Nylon
- Double drawstrings so the bag can be carried as a backpack
- Zip compartment on the front keeps money/keys safe and separate from wet goods



#### SVMN BAG 8360392 | MOQ 100 | \$14.00 Includes logo print or embroidery

The multi-purpose swim bag is ideal for excursions, library or storing your wet clothing after swimming. Lightweight yet tough and the perfect size to suit your needs.

- Double drawstring closure makes it easy to use
- Drawstrings double as backpack straps for easy carrying
- Made from Recycled Polyester



## DURABLE

#### Please send orders to customer service at customerservicedesk@uniform-group.com.au

Please advise your selected delivery date when placing your order.

#### **Terms & Conditions**

Backpack and Bags: Sales price includes embroidery or one colour print of your school logo (normal price \$6.00) and free artwork set up valued at \$88.00. \$1.05 extra for 2 colour print. For multicolour prints or embroidery prices, please contact your Account Manager or our customer service team on (03) 9768 0333. All prices include GST.

Minimum orders: 50 for backpacks, 100 for bags. Please advise your selected delivery date on above order form. Garment colours shown are for illustrative purposes only. Promotion not available via online channels.

Promotion ends June 28th 2024, orders received after this date will revert to normal prices. Order fulfilment is 12 weeks from order placement date.

Hat Range: Sales price includes embroidery or one colour print of your school logo (normal price \$6.00) and free artwork set up valued at \$88.00. \$1.05 extra for 2 colour print. For multicolour prints or embroidery prices, please contact your Account Manager or our customer service team on (03) 9768 0333. All prices include GST.

Minimum orders: 50. Quick delivery orders will be delivered within 2 weeks of order placement, Made to Order/BTS style orders will be delivered from January 2024. Garment colours shown are for illustrative purposes only. Promotion not available via online channels.

Promotion ends June 28th 2024, orders received after this date will revert to normal prices. Order fulfilment is 12 weeks from order placement date.





One wobbly step at a time -In a safe, nurturing environment!



GOODSTART EARLY LEARNING -DANDENONG, HEATHERTON ROAD

# FREE ORIENTATIONS!

# ENROL NOW AND SECURE YOUR SPOT!

CONNECT WITH US @ PH # (03) 9701 3233 EMAIL: WRF@GOODSTART.ORG.AU

**1390 HEATHERTON ROAD - DANDENONG NORTH, 3175** 

FOLLOW US ON FACEBOOK! GOODSTART EARLY LEARNING DANDENONG- HEATHERTON ROAD



# Please join us on ... 24 April 2024

5:30pm - 6:30pm

(Light refreshments will be provided)

#### Kinder starts at 3

• Government approved kinder program:

(Monday to Friday - in long day care environment - 6:30am-6:30pm).

- fully qualified teachers.
- Incursions/excursions.
  - School readiness.
  - play based learning.
- access and inclusion.
- All Meals, including snacks and lunch are provided.

Your child will be supported to build resilience, problem solve, develop self-help skills and build relationships through playbased learning experiences.



We're Australia's largest provider of early learning and care. Any surplus is reinvested into our centres, children and staff. Our educators are the best paid in the sector, and our staff low turnovers mean safer centres with better child outcomes. No profit margins mean we can help every family access high quality learning and care for less. Especially those in remote communities or with additional needs or disabilities.

## Our Vision

Children are central to everything we do. We understand the power of early learning - it's why Goodstart makes every moment count for the children attending our centres.

**Contact us:** 

Ph: 03 9701 3233 Email: <u>wrf@goodstart.org.au</u> Address: 1390 Heatherton Road, Dandenong 3175



PLAV

# awesome

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# NORTH DANDENONG

# **AUSKICK CENTRE**

Lois Twohig Reserve, North Dandenong Starts Thursday, May 2nd 5pm - 6pm



play.afl/auskick



# and the second and the second

# Register today play.afl/auskick

# We're fun first and footy second.

At NAB AFL Auskick, it's your time to shine.

Register to be part of the fun at your local Auskick center today.

In this club, we're teammates for life and we're awesome.

See you there.







# WIN \$5,000 FOR YOUR NOMINATED CLUB, SCHOOL OR CHARITY

## REGISTERED MEMBERS WHO SHOP AT RITCHIES GO INTO THE DRAW TO WIN THEIR NOMINATED CLUB, SCHOOL OR CHARITY \$5000!

**PLUS!** Any Ritchies Member who scans their app or card will go into the draw to win 1 of 5 \$1,000 Ritchies Gift Cards! First drawn out wins their nominated organisation \$5,000.

Terms and conditions apply. Go to ritchies.com. au for full details. There is one \$5,000 Ritchies gift card for one lucky club, school or charity. There are 5 x \$1000 Ritchies gift cards to be won for registered Ritchies Card members who select a club, school or charity. Promotion starts 1/5/24 and ends 28/5/24. \*Minimum spend of \$10 in one transaction and excluding cigarette & tobacco products, gift cards, electronic recharge and items marked reduced to clear.





LEARN MORE

#### Support your favourite recipient

Ritchies supports clubs, schools and charities based on a percentage of your total shopping on eligible products. Follow the prompts to nominate or change your favourite recipient.

RITCHIES

CELEBRATING 30 Jeans OF COMMUNITY BENEFITS



SELECT OR VIEW YOUR FAVOURITE S Recipient

# CHOOSE YOUR FOOTY A DVENTURE NORTH DANDENONG NASALA



ATT

PLAY







Come find your awesome at NAB AFL Auskick. An introductory program to Australian rules football, teaching skills through fun activities and mini games.



Play with your mates, make new friends & have fun at local footy. Local footy involves weekly games and training sessions for players.

VISIT PLAY.AFL

SOUTH EAST WARRIORS BASEBALL CLUB (f) @SEWBC @thewarriorsbaseball

WINTER 2024





# COME AND TRY DAY APRIL 6

Join us for our winter come and try day for the second season of our 'Little Warriors' Junior Baseball Program, suitable for juniors aged 5+. Saturday April 6, 10.00am to Noon, complimentary sausage sizzle.



## SEASON STARTING APRIL 20, 2024

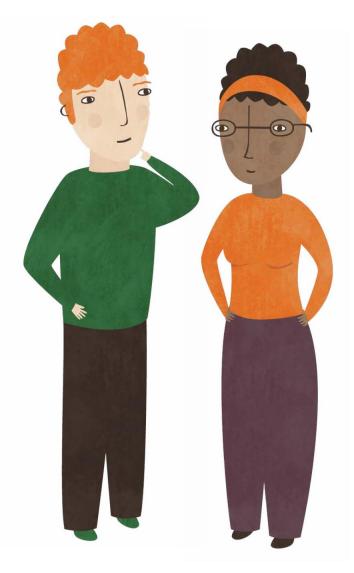
We are based in the Dandenong Police Paddocks, 250 Brady Road, Endeavour Hills.
 Juniors will play Saturday Mornings and train Wednesday Afternoons. Player fees will cover mandatory Baseball Victoria Insurance, Playing top & Team Entry.
 Winter Junior Teams: Teeball (U8), Rookie Ball (U11).
 Depending on player numbers U13, U15 & U17, Juniors 15+ can play in Senior Teams.
 Contact: Ashleigh <u>secretary@warriorsbaseball.com.au</u> - Secretary
 Contact: Mark 0423 420 366 - Junior Co-Ordinator.

# PROTECT

#### Everyone has the right to be safe and be protected from abuse.

No one should behave in a way that makes you feel unsafe or afraid, including anyone in your family, anyone at school or anywhere else in the community.

Tell a teacher or any adult at your school if you feel unsafe.





#### It's everyone's responsibility.

Adults at school must listen and respond to concerns about child abuse.

If you suspect abuse of any child or young person, you have a responsibility to report it, even if you are not sure.

Further information & resources www.education.vic.gov.au/protect











# Term 2 2024 Keep this handy calendar on your fridge for upcoming events at school.

Check XUNO, visit <u>our website</u>, or follow our <u>Facebook page</u> as this calendar is subject to changes.



upcoming events, and notices!

www.woorannaparkps.vic.edu.au