

 <p>1</p>	<p>Practise the journey to and from school</p> 	<p>2</p> <p>Arrange play dates with families who will have kids at the same school</p> 
<p>Encourage independence – skills like dressing, packing and carrying a bag, applying sunscreen and going to the toilet</p>  <p>3</p>	<p>Label all belongings</p>  <p>4</p>	<p>Talk about and practise any after school arrangements</p>  <p>5</p>
<p>6</p> <p>Check start and finish times and where to drop off and collect your child</p> 	<p>Be positive, get your child excited, and talk about any worries they have</p>  <p>7</p>	<p>8</p> <p>Visit a library and read with your child</p> 
<p>9</p> <p>Start using the name of their new teacher to help build familiarity</p> 	<p>10</p> <p>Establish predictable routines including dinner, bath time and bed time</p> 	