



Getting ready for school!

Prep Transition Session





# Welcome

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# Practice the journey to and from school

- Scooter
- Bike
- Car
- Walk



## Arrange playdates

- Go to a park
- Meet at the library
- Invite people over to play



# Encourage independence

- Pack own bag
- Practice carrying bag
- Put on sunscreen
- Healthy toilet habits
- Opening and closing lunchbox



# Put names on all your belongings

- Clothing
- Bag
- Lunchbox
- Hat
- Drink bottle



## Talk about and practice after school arrangement

- Who will they go home with
- How will they get home
- Where will you meet
- What to do if you are running late

## Check start and finish times, drop off and collection points

- Start 8:50am
- Finish 3:30pm
- Pick up and drop off outside classroom



# Get your child excited about school!

- Be positive
- Talk through any worries
- Positive questions promote positive minds

## Some Examples:

What was the best thing that happened at school today?

Tell me something that made you laugh today.

If I called your teacher tonight, what would she tell me about you?

How did you help somebody today?

How did somebody help you today?

Where do you play the most at recess?

Who is the funniest person in your class? Why is he/she so funny?

What was your favourite part of lunch?

If you got to be the teacher tomorrow, what would you do?

## Start to build familiarity with the school

- Refer to your child's teacher by name
- Play in the playground
- Talk about the school in a positive way e.g.

Next year at school you will...

# Establish predictable routines

- Eat a good breakfast – our brains need food to learn
- Snack 11:00am
- Lunch 1:30pm
- Dinner
- Bath time
- Limit technology in the evening
- Bedtime – get plenty of sleep!



# You play an important role

Most learning happens at home and it is the everyday, incidental experiences that are invaluable.

You can help your child by:

- Talking about books, movies and experiences
- Encouraging them to think and be curious
- Asking them questions
- Reading to and with them [Bing Videos](#)

# Visit the local library



Visiting the library is a great way to promote reading in young children:

- Involve the whole family
- Access resources you may not have at home (audiobooks, magazines, CDs, DVDs, free internet)
- Attend free story telling sessions

# Things you can do to build literacy skills

- Provide opportunities for them to talk to others
- Read books
- Encourage writing and drawing
- Read signs
- Watch a movie together
- Talk about a television program
- Go shopping, count items and read labels
- Play board games

