

Sun Protection Policy

Responsibility: Assistant Principal
Endorsed by Council: February, 2023
Due for Review: February, 2026



Help for non-English speakers

If you need help to understand the information in this policy, please contact Wooranna Park Primary School via phone (03) 9795 2007 or email wooranna.park.ps@education.vic.gov.au.

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| <p>Rationale</p> | <p>The purpose of this policy is to support sun protection behaviours at Wooranna Park Primary School to minimise risk of health problems from sun overexposure, including skin cancer.</p> <p>This policy provides guidelines to:</p> <ul style="list-style-type: none"> • support staff and students to use a combination of sun protection measures when UV index levels are 3 or above (generally mid-August to the end of April in Victoria) • ensure that there are outdoor environments that provide adequate shade for students and staff • ensure students are encouraged and supported to develop independent sun protection skills to help them to be responsible for their own protection • support our school's strategies to meet its duty of care and occupational health and safety obligations to minimise harmful UV exposure and associated harm for students and staff. |
| <p>Scope</p> | <p>This policy applies to all school activities on and off-site, including camps and excursions. It is applicable to all students and staff.</p> |
| <p>Guidelines for Implementation</p> | <p>Overexposure to the sun's ultraviolet (UV) radiation can cause health problems including sunburn, damage to skin and eyes, and an increased risk of skin cancer. UV damage accumulated during childhood and adolescence is strongly associated with an increased risk of skin cancer later in life.</p> <p>UV radiation:</p> <ul style="list-style-type: none"> • cannot be seen or felt • can be reflected off surfaces such as buildings, asphalt, concrete, water, sand and snow • can pass through light clouds • varies in intensity across the day and the year (highest from mid-August to the end of April in Victoria) • peaks during school hours. <p>Sun safety is a shared responsibility and staff, parents and students are encouraged to implement a combination of sun protection measures whenever UV levels reach 3 or above. Information about the daily local sun protection times is available via the free <i>SunSmart app</i>, or at sunsmart.com.au or bom.gov.au.</p> <p>Wooranna Park has the following measures in place for all outdoor activities during the daily sun protection times to help reduce the risk of over-exposure to UV radiation for staff and students.</p> <p>Shade</p> |

Wooranna Park Primary School provides sufficient options for shelter and trees to provide shade on school grounds, particularly in places such as:

- where students congregate
- outdoor lesson areas
- popular play areas
- assembly areas
- sporting grounds.

Students are encouraged to use available areas of shade when outdoors during peak sun protection times, particularly if they do not have appropriate hats or outdoor clothing.

When building works or grounds maintenance is conducted at Wooranna Park that may impact on the level of shade available to staff and students, a review of the shaded areas available will be conducted.

Sun protective uniform and clothing

Wooranna Park recommends that from mid-August to end of April, and whenever UV levels reach 3 and above, students come to school wearing sun-protective clothing such as:

- loose, cool, densely woven fabric
- shirts with a collar and/or high necklines
- tops with elbow length or long sleeves
- longer style shorts, dresses and skirts
- rash vests or t-shirts for outdoor swimming activities.

Wooranna Park Primary School's *Dress Code policy* applies on and offsite unless otherwise advised. When students are not required to wear school uniform (such as school camps and free dress day), Wooranna Park will ensure steps are taken to encourage students to wear sun-protective clothing whenever UV levels reach 3 and above.

Hats

Throughout Term One and Four, all students **must** wear a sun protective hat that shades the face, neck and ears for all outdoor activities. Hats may also be worn for all outdoor activities outside of Terms One and Four, by parent or student choice.

Students wear a school hat or a hat that protects the face, head, neck and ears when outdoors, for example broad-brimmed, legionnaire or bucket hat. Baseball or peaked caps and sun visors are not considered a suitable alternative, as they do not protect the ears, cheeks or neck.

Students who are not wearing appropriate protective clothing or hats will be required to use available areas of shade when outdoors or a suitable area protected from the sun.

Sunscreen

Wooranna Park Primary encourages all staff and students to apply SPF30 (or higher) broad-spectrum, water-resistant sunscreen daily whenever UV levels reach 3 and above. Sunscreen should be applied at least 20 minutes before going outdoors and reapplied every two hours (or more frequently if sweating or swimming).

Wooranna Park Primary School reminds and encourages staff and students to bring their own SPF30 (or higher) broad-spectrum, water-resistant sunscreen to school.

At Wooranna Park, if students do not have their own sunscreen, they are welcome to ask the yard duty teacher or attend the office to access sunscreen. Sunscreen that is supplied by the school is stored below 30 degrees and the expiry date monitored.

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| | <p>Staff and students who may suffer from skin reactions from certain types of sunscreens are encouraged to contact the teacher to implement a plan to reduce the risk of a sunscreen reaction at school. Families are required to provide a suitable sunscreen for their child.</p> <p>Sunglasses</p> <p>Where practical, Wooranna Park Primary School encourages students and staff engaged in outdoor activities to wear close-fitting, wrap-around sunglasses that meet the Australian Standard 1067 (Sunglasses: Category 2, 3 or 4) and cover as much of the eye area as possible.</p> <p>Curriculum</p> <p>Students at our school are encouraged to make safe and healthy choices. They are supported to understand effects of sun exposure and are encouraged to be involved in initiatives to promote and model sun protection measures to the whole school. Wooranna Park Primary School will address sun protection and UV safety education as part of their everyday learning.</p> <p>Staff role-modelling and OHS</p> <p>Staff are encouraged to access resources, tools, and professional learning to enhance their knowledge and capacity to promote sun smart behaviour across the school community.</p> <p>UV radiation exposure is considered as part of our school’s risk management and assessment for all outdoor events and activities, i.e. UV radiation protection strategies are included in school camp activities, excursions, sports days and interschool sports events.</p> <p>Families and visitors</p> <p>Families and visitors participating in and attending outdoor school activities are encouraged to:</p> <ul style="list-style-type: none"> • wear a sun-protective hat, covering clothing and, if practical, sunglasses; • apply SPF30 (or higher) broad-spectrum, water-resistant sunscreen; and • seek shade whenever possible when outdoors. <p>Community engagement</p> <p>Sun protection behaviour is regularly reinforced and promoted to the whole school community through newsletters, school website/intranet, staff and parent meetings, school assemblies, student and teacher activities and upon enrolment.</p> <p>Families, students and staff are provided with information, ideas and practical strategies to support UV safety at school and at home. Wooranna Park Primary School may provide information through the community newsletter, noticeboards, school website and school assemblies.</p> |
| <p>Further Information and Resources</p> | <p>Department’s Policy and Advisory Library:</p> <ul style="list-style-type: none"> • Sun and UV Protection Policy • Heat Health • Outdoor Activities and Working Outdoors • Risk Management – Schools • Shade Sails • Student Dress Code <p>SunSmart and Cancer Council Victoria:</p> <ul style="list-style-type: none"> • Primary schools SunSmart Schools Program • Sunscreen reactions |

